



(Pre/Post Adoption Consulting and Training)

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Supervision Group

The purpose of the Supervision Group for Clinicians and Professionals working with Adoption and Complex families is twofold. First, PACT believes that all clinical staff working with clients, require supervision for support, and clinical guidance to provide top quality services to clients. Secondly, the PACT supervisory structure must ensure that the services provided by networked clinicians are clinically sound, and follow PACT policies.

Each networked clinician is expected to attend at least five times per year a monthly Supervision Group for 60 minutes. (If post training, phone/facetime consultation at least five times per year as well...)

The format for the Supervision Group will be as follows:

1. Each clinician will submit a case for review at least one week prior to the supervision group and will do a genogram at least a week in advance. We will triage cases according to clinical need. As often as possible, clinicians will have an equal opportunity to present a case.
2. At the beginning of each group (10 minutes), the clinicians will review the Client List to ensure the status of each case is accurate. (Clinician must email a list of all clients and status so that it can be expediently reviewed)
3. During the supervision group, a minimum of two cases will be presented. (20 minutes each) The following format will be used:
 - Distribute and discuss Case Review Request form.
 - Generate systemic hypotheses and discuss clinical question(s) posed by therapist.
 - Recommendations for treatment
4. Supervisors for all clinicians who present a case will complete a Supervision Form.
5. If a clinician has a crisis/concern between group meetings, the clinician can email and he/she will respond as needed.

Pre/Post Adoption Consulting and Training (PACT) is a leading provider of support services to adoption, foster care, and complex blended families* to provide consultation on permanency planning for children.

At a fundamental level, PACT's mission is to help children feel safe, seen, and valued, and to help them adjust to the challenges of being, or having been, moved from one family to another.

Critical to the PACT philosophy is an understanding that adoption, foster placement, guardianship and other life-altering family changes are not isolated events, but part of a life-long process. Through decades of experience working in the adoption field, PACT has developed an array of services to address the many stages in the continuum of care of foster care, guardianship, kinship care, as well as adoption.

* *What do we mean by "complex blended families?"*

- *Root families are families where the mother and father who gave birth to the child are also parenting the child together...*
- *Complex families are every other type of family structure...*
- *Complex blended families are a blending of many families by adoption, fostering, kinship care, remarriage, or alternative reproductive technologies.*



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Case Review Request Form

Clinician: _____ Client: _____
#Client Number _____

Presenting Problem(s) according to client: _____

Questions for Group: _____

Genogram: (May submit Genogram from Intake Form/attach and send)

Current Hypotheses: _____

Clinician Signature

Date

Contact information for Clinician here along with any other
Necessary information to expedite the supervision